

Weather Alert



The Met Office has extended the Amber Cold Weather Alert and is in effect between 14/01/2024 at 12:00 and 20/01/2024 at 12:00.

View the full warning at the [Cold-Health Alert platform](#) site.

Cold weather can affect your health. The people most likely to be affected are the elderly, the very young, and people with pre-existing medical conditions.

If you know or look after someone that may be susceptible to the effects of this cold weather period please help make sure that they stay warm and well, and if possible check in advance that they are prepared for this cold spell.

- Stay tuned in to weather forecasts
- Check room temperatures and maintain it at 18C or warmer
- Keep warm and active and if you have to go out dress warmly and wear non slip shoes.
- If you are concerned about your own health or welfare or that of others please alert the [emergency services](#).

For more information

- NHS [Keep Warm Keep Well](#) leaflet
- WSCC [Dealing with extreme weather](#)
- WSCC [Preparing for emergencies](#)
- WSCC [Report a road and footway issue](#)
- Follow us on Twitter for regular updates
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