

An AMBER Heat-Health Alert - (Hot weather response) has been issued for the South East and is in effect between 09/06/2023 at 09:00 and 12/06/2023 at 09:00. View the full warning at the [Met Office Heat-Health Watch site](#).

Please note that Heat-Health Alerts have transitioned to an impact based alerting, which will provide users with information over and above the fact that hot weather is likely to occur. Alerts are now classified by colours: (YELLOW, AMBER or RED). More information on this can be found on the [Met Office website](#) and via the [User guide \(New impact-based Weather-Health Alerting System\)](#)

General Overview: Increase in mortality across the population likely, particularly in the 65+ age group or those with health conditions, but impacts may also be seen in younger age groups; increase demand for remote health care services likely; internal temperatures in care settings (hospitals and care homes) may exceed recommended threshold for clinical risk assessment; impact on ability of services to be delivered due to heat effects on workforce possible and many indoor environments likely to be overheating, risk to vulnerable people living independently in community as well as in care settings; medicines management issues; staffing issues due to external factors (e.g. transport); cross system demand for temporary AC capacity exceeded possible and other sectors starting to observe impacts (e.g. travel delays)

Impact

- Increased health risks to vulnerable people.
- Increased risk of heart attacks, strokes, lung illnesses, and other diseases.
- Some groups are particularly susceptible to the effects of very hot weather such as older people, the very young and people with pre-existing medical conditions.

For more information

- [Beat the heat: hot weather advice](#)
- [Heat – Health Alert action card for providers](#)
- [Adverse Weather and Health Plan](#)
- NHS Choices [Heatwave: be prepared](#)
- WSCC [Dealing with extreme weather](#)
- WSCC [Preparing for emergencies](#)
- [Hot weather and Health: supporting vulnerable people](#)
- [Find the latest weather forecasts and warnings](#)
- [Met Office National Severe Weather Warning Service](#)
- [Flood Alerts and Warnings](#)
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