



Are you missing out on pension credit?



Even if you **own your home** or **have some savings**, it's worth checking to see if you're entitled to **Pension Credit** – you might be surprised.



You could be missing out on Pension Credit worth more than £3,300 a year.

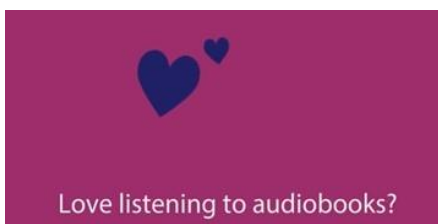
If you are over State Pension age, you can use the [online Pension Credit calculator](#) to help check if you are likely to be eligible and get an estimate of what you might be entitled to claim.

The Department for Work & Pensions has launched a new campaign which aims to tackle some of the myths that may stop people applying.

It also reminds people that even a small award can provide access to a wide range of other benefits. These include help with housing costs, Council Tax or heating bills. For those aged over 75, this includes continued entitlement to a free TV licence.

Are you eligible for Pension Credit?

New library service animations



Watch West Sussex Library Service's new animations about all the things you can access through the library.

Whether you want to download the latest issue of your favourite magazine for free, find the latest book or audiobook by your favourite author

or catch up with that book you've been meaning to read - you can do all that with a library card.

[Watch the animation here](#) or you can see one that has been made specially [about the eLibrary](#).

Find out more about our libraries

Explore the local art scene

If you love art then there's no need to travel out of the county to indulge your passion.

Experience West Sussex has produced a new video which goes behind the local art scene and showcases some of our best home-grown talent.

The West Sussex art scene has something for everyone – with galleries, sculpture trails, theatre and outdoor performances to enjoy.



Discover the creative side of West Sussex

Hands on the wheel? Hands off your phone



We are backing a new campaign by THINK! to reduce handheld phone use amongst young drivers and coincide with a strengthening of the law around mobile phone use behind the wheel.

If you use a handheld phone behind the wheel, you can get a fine of up to £1,000, 6 points on your licence, and a driving ban.

To find out more about the campaign, visit the THINK! website below.

THINK! Road safety

Living with Covid-19

Covid-19 is still with us, so please continue to be careful and take sensible precautions to help keep West Sussex safe.

As part of the government's ['Living with Covid'](#) plan, free Covid-19 testing for the general public has now ended.

Anyone with Covid-19 symptoms no longer has to take a test and should instead stay at home until their symptoms end.

Free testing is still available to people in specific groups who have symptoms. Visit [Changes to testing for COVID-19 in England - NHS](#) (www.nhs.uk) for guidance.



Full information on testing availability, guidance on living with Covid-19, and what to do if you have symptoms, is available on the [gov.uk website](http://gov.uk).

If you missed it, please read the joint message from the [Directors of Public Health across Sussex](#).

Stay up to date on the vaccination roll-out in West Sussex, including spring boosters for the over 75s, by going to the [Sussex Health and Care Partnership website](#).

There's also plenty more information on Covid-19 help, support, and vaccinations in West Sussex on our website - click on the link below.

More local information on Covid-19

Step back in time for canal talk



Join local historian Alan Green for a talk entitled The History of Chichester Canal: The 3rd Earl of Egremont's worst investment – or how Chichester got its canal.

The talk will be held at West Sussex Record Office in Chichester at 7pm on Tuesday 26 April. Numbers

are limited so booking is essential. Alternatively, you can join online via Zoom.

To attend in person costs £8 (£7 for WSAS members). Please ring 01243 753602 to book and pay.

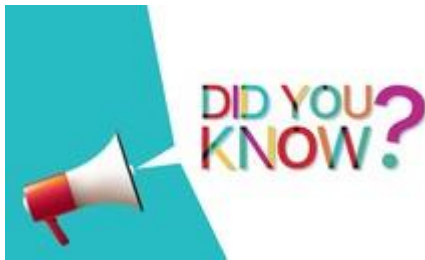
If you would like to attend online, this will be free of charge as a trial run for live-streaming. Book to attend online via Eventbrite using the link below.

[Book here to attend online](#)

More news

- Our next online Fostering Information Evening takes place on Tuesday 26 April. Come along and find out about becoming a foster carer. You'll hear from our friendly fostering team and a local foster carer plus you'll get the chance to ask questions. [Book now.](#)
- Our firefighters are urging residents [not to compromise on safety when trying to save on energy bills](#). Last week West Sussex Fire & Rescue Service attended several incidents caused by candles being used as a source of heat and light.
- A £23million [A2300 improvements scheme](#) near Burgess Hill is now open and will help to boost the local economy and support new housing.

- The construction of West Sussex Fire & Rescue Service's [new multi-million-pound fire station and training centre](#) at Horsham is underway.



Firefighters at Bognor Regis Fire Station are on the hunt [for more people to join their team as retained \(on-call\) firefighters](#).

They will be opening up the fire station doors on Saturday 23 April to those interested in finding out what a career as a retained firefighter can offer.

Know someone who would like to receive this eNewsletter?

If you know anyone who would like to sign up for this bulletin, please forward this eNewsletter to them and they can [sign up here](#). Thank you for your support.

A promotional graphic for 'Your Mind Matters'. On the left, four diverse young people's faces are shown against a bright yellow background filled with hand-drawn symbols like question marks, exclamation marks, and lightning bolts. On the right, a black vertical panel contains the text 'YOUR MIND MATTERS' in large yellow letters, followed by 'Support and advice for young people and families' in white, and 'Click for more information' in white, 'westsussex.gov.uk/' in white, and 'YourMindMatters' in white.

YOUR MIND MATTERS

Support and advice for young people and families

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