

Coronavirus (COVID-19)

Information and advice for public and businesses

Timestamp: 27 January 2022

Plan B measures lifted

From today, Thursday 27 January, measures put in place under Plan B in England have been lifted.

This means:

- There is no longer a legal requirement to wear a face covering. However, the government suggests that you continue to wear a face covering in crowded and enclosed spaces where you may come into contact with other people you do not normally meet.
 - Venues and events will no longer be required by law to check visitors' NHS COVID Pass. The NHS COVID Pass can still be used on a voluntary basis.
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Keeping yourself and others safe

COVID-19 will be a feature of our lives for the foreseeable future, so we need to learn to live with it and manage the risk to ourselves and others.

It is still possible to catch and spread COVID-19, even if you are fully vaccinated.

All of us can play our part by understanding the situations where risks of COVID-19 infection and transmission are likely to be higher, and taking action to reduce these risks.

Get tested and self isolate if required

You must self isolate if you are told to do so by NHS Test & Trace.

If you are not feeling well and have COVID symptoms, self isolate and take a test. Try to stay at home if you are feeling unwell.

Testing if you do not have symptoms

You may wish to take a rapid lateral flow test before you meet others in crowded indoor places or meeting someone who is at higher risk of getting seriously ill from COVID-19.

Use the NHS COVID-19 app

Help stop the spread of COVID-19. Keep your NHS COVID-19 app on.

It will alert you if you have been in contact with someone who has tested positive for the virus, and advise you to take a test.

Get vaccinated

If you are not fully protected, book an appointment or attend a drop-in centre.

Face coverings

Choosing to wear a face covering in crowded and enclosed spaces can help to stop the spread of COVID-19.

Let fresh air in if meeting indoors

When meeting others indoors, opening windows regularly for 10 minutes can let fresh air in to help disperse COVID-19 particles.

Wash hands

Wash your hands regularly to help limit the spread of COVID-19.

[Read more on GOV.UK](#)
