

#KeepWestSussexSafe this Christmas and New Year



However you're celebrating the Christmas and New Year festive periods this year, we want you to be able to do so safely for yourself, your family, and for communities across West Sussex.

Please continue to keep an eye on the national guidance as government measures to protect us from Covid-19 are regularly updated.

[The self-isolation advice for people with Covid-19 has changed](#). It is now possible to end self-isolation after seven days, following two negative lateral flow tests (LFD) taken 24 hours apart. The first LFD test should not be taken before the sixth day.

If you have any symptoms, please take a PCR test as soon as possible and isolate until you have your result.

Also, the following are steps we can all take to help #KeepWestSussexSafe:

[Please take a Lateral Flow test before meeting up with others](#). Report your result and if it's positive, self-isolate immediately and take a PCR test. When required, please complete contact tracing as soon as possible. You can usually complete this online.

[Letting in fresh air](#) can help reduce the spread of Covid-19. Opening doors and windows regularly, even for 10 minutes when you are meeting indoors can help you and your loved ones stay safe.

[Wearing a face covering](#) is a legal requirement on public transport, in shops and in other places like hairdressers. It's a really good idea to also wear a face covering in all crowded and enclosed spaces where we may come into contact with people we wouldn't normally meet.

[Being vaccinated](#) is the best way to protect against catching Covid-19. Get your booster jab as soon as you can, and please keep trying if appointments aren't available straight away.

[Get your NHS Covid pass](#) to enjoy events and visit venues safely (subject to national guidance). This is now a legal requirement for certain places.

[Find out about Covid-19 case rates where you live in West Sussex](#). Use the postcode tracker on our data dashboard to find the latest available information.

[Look after yourselves and others in your community](#).

With best wishes for a safe and happy Christmas and New Year.

More local information on Covid-19

Festive season opening times



Find out what services you can access online 24/7, plus opening hours and out of hours phone contact numbers during the Christmas and New Year period.

You can also find more information including dealing with extreme weather, preparing for emergencies, keeping healthy and consumer advice.

Contact information over the festive season

What can you recycle this Christmas?

Wrapping paper, greetings cards, decorations and Christmas trees are all a big part of the festive season. But what can and can't you recycle?

Take a look at our website to find information and tips on what you can recycle and where it should go.



Follow [@WSRecycles](#) on Twitter and [@WestSussexRecycles](#) on Facebook for more recycling tips.

A-Z of recycling in West Sussex

Last minute local gifts



Looking for a last-minute gift? Check out our Experience West Sussex website.

The [Shop Sussex pages](#) have plenty of inspiration, from spa breaks and West Sussex sparkling wine, to gift vouchers and tickets to local attractions. And best of all, by shopping local, you're supporting local businesses.

Stay safe on our roads this winter

Winter is now well and truly upon us. When you're out and about on West Sussex roads during the festive season, please take care and drive according to the conditions.

We monitor the weather closely and in freezing conditions, we will be out gritting nearly 1,700km of highway with our fleet of 19 gritters, including all A and B roads and routes of local importance, such as major bus routes, access to emergency service bases, hospitals and large industrial establishments.

We've also supported town and parish councils by topping up their grit bins at the start of this year's winter season.



[Find more 'winter ready' help and advice](#)

Get creative with your festive leftovers



You don't have to be a great cook to create some tempting dishes made of leftovers.

Unwanted food takes up a staggering 40% of waste that goes into our bins in West Sussex. And research shows people throw away more food during the festive season than at any other time of the year.

So take a look at [Love Food Hate Waste's festive tips and recipes](#) and discover tasty ways to save those scraps from the bin this Christmas.

You can also find out more about local foodbanks, community fridges, the food sharing app Olio, as well as links for businesses to donate unwanted food on our website.

[Tackling food waste in West Sussex](#)

More news

- Please [take extra care when using electrical items this Christmas](#). Last year West Sussex Fire & Rescue Service attended over 180 fires involving electrical

items. Therefore, the service is issuing a timely safety reminder as the use of electricals often increases over the festive period.

- If you get some new gadgets for Christmas please remember that batteries must not go in your rubbish bin, as they pose a fire risk. There are battery recycling points throughout the county, [with further details available here](#).
- More than 200 packets of illegal cigarettes were seized from a shop in Worthing – with help from man's best friend. The illicit haul was part [of an operation led by West Sussex Trading Standards officers targeting rogue retailers](#), assisted by tobacco detection dog Yoyo. Trading Standards Officers visited 3 shops in Worthing supported by Sussex Police following a tip-off claiming they were selling illegal tobacco.

Know someone who would like to receive this eNewsletter?

If you know anyone who would like to sign up for this bulletin, please forward this eNewsletter to them and they can [sign up here](#). Thank you for your support.



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