



Heat and Thunderstorm Warnings

UK weather warnings have been issued by the Met Office, covering Thunderstorms over the next 6 days including today. It is difficult for us to summarise these, so we would recommend referring to their website for full details. Their home page is <https://www.metoffice.gov.uk/>.

The UK weather warnings are at <https://www.metoffice.gov.uk/weather/warnings-and-advice/uk-warnings#?date=2020-08-12>. Once there if you click on the yellow Thunderstorm label then you can see What to expect, What you should do, and the reason for the update.

There is a separate Met Office Heat-health watch which you can find at <https://www.metoffice.gov.uk/public/weather/heat-health/?tab=heatHealth&season=normal>. There is a Current watch level: Level 3 - Heatwave Action. There is extensive information there including links to a number of other useful resources.

Additional information is available from:

- NHS Choices [Heatwave: be prepared](#)
- WSCC [Dealing with extreme weather](#)
- WSCC <https://www.westsussex.gov.uk/campaigns/heat-alert/>
- WSCC [Preparing for emergencies](#)
- RSPCA [Top tips for keeping pets cool in hot weather.](#)