
Partner Briefing for Hospital Episodes of Care – Insight Events with older people across Horsham District

Introduction

Commissioned by the Health and Well-being Partnership Executive for Horsham District and the Horsham District Older People's Forum partners have been working together to understand what happens for older people with respect to Hospital Episodes of care from getting there to getting home.

With support from the Public Health Research Unit at West Sussex County Council we have been able to access the data about older people and Hospital Episodes of Care in the last year.

We now want to hear directly from local older people about their experiences (see attached flyer about events planned).

We are also planning an event for community car schemes, community transport and local neighbourhood and care networks in September 2017 so that we can add their views to the evidence and discuss how we can work together for positive changes.

Healthwatch West Sussex will lead on pulling this into a report with recommendations which can be used at every level.

Data Summary

Hospital admissions are rising fastest among those aged 65 and over in England¹. The proportion of admissions which are unplanned (e.g. an emergency admission) also increases for older adults.

Two in every five residents of Horsham district are over the age of 50 and one in five residents is aged 65 or over². There are some small areas in the district where as many as three quarters of the population are over 50 and almost half the population is 65 or over.

In 2015/16, there were 19,605 elective (planned in advance) admissions for patients residing in Horsham district. Almost three quarters of these elective admissions, (14,579 admissions, 74%) were for those aged 50 years and over³.

In the same year there were 11,528 unplanned, emergency admissions among Horsham residents. Almost two thirds of these (7,660 admissions, 64%) were for those aged 50 years and over.

¹ Hospital Admitted Patient Care Activity 2015-16, NHS Digital (2016) – available at <http://www.content.digital.nhs.uk/catalogue/PUB22378/hosp-epis-stat-admi-summ-rep-2015-16-rep.pdf>

² 2015 Mid-year Population Estimates, Office for National Statistics (2016)

³ Local analyses of Hospital Episode Statistics for England, Admitted Patient Care statistics, 2015-16, NHS Digital.

The top ten hospitals ranked by number of admissions from Horsham residents aged 50 years and over in 2015/16 are given in the table below⁴. These ten hospitals account for 88% of all admissions. The top ten hospitals for elective admissions represented 87% of elective admissions and the top ten hospital sites for emergency admissions represented 96% of emergency admissions in 2015/16 for this population.

Hospital treatment sites ranked by total number of admissions for residents of Horsham district aged 50 years and over in 2015/16

Hospital Site	Number of admissions	Rank overall	Number of elective admissions	Rank based on elective admissions	Number of emergency admissions	Rank based on emergency admissions
Worthing Hospital	5,893	1	3,420	1	2,471	2
East Surrey Hospital	4,856	2	2,047	3	2,795	1
St Richard's Hospital	2,587	3	1,893	4	693	3
Crawley Hospital	2,131	4	2,131	2	0	-
Royal Surrey County Hospital	1,142	5	916	5	221	7
Princess Royal Hospital	946	6	474	8	462	4
Royal Sussex County Hospital	856	7	543	6	294	6
Southlands Hospital	517	8	517	7	0	-
Queen Victoria Hospital (east Grinstead)	440	9	379	9	61	8
BMI - Goring Hall Hospital	329	10	329	10	0	-

Horsham hospital ranked 11th overall based on all admissions.

There is geographic variation relating to elective and emergency admissions among smaller areas within the district. Elective admissions were concentrated in the south east and west of the district. Emergency admissions were more frequent in the north of the district, near Slinfold and Horsham town.

Those in the west of the district typically had further to travel for elective admissions, whilst those in the south east had the shortest average distance. The site of admission for emergency admissions were typically further away for patients residing in the middle of the district, in areas around Billingshurst, Shipley and Horsham town than patients in the south east of the district.

In 2015/16, 99.4% (14,520) of discharges following an elective admission were to the patient's usual place of residence⁵.

The percentage of discharges to a usual place of residence following an emergency admission was 86% (6,456 discharges) for residents aged over 50 years in Horsham. After the age of 60, the proportion of patients being discharged home decreases significantly. Among those aged 90 years and above, one in four discharges are to a temporary residence, care home, hospice, or another hospital provider.

⁴ Not all episodes were linked to valid hospital treatment sites. Hospital site was unknown for 214 admissions.

⁵ A usual place of residence is a private dwelling (whether owner occupied or owned by local authority, housing association or other landlord) including wardened accommodation but not including residential accommodation where healthcare is provided. Patients with no fixed abode are also included in the usual place of residence count.